

# Keeping Track of Your Money

One way to keep track of your money is to use a register. This is often similar to the kind used with savings and checking accounts. Write down everything—money earned, money to save, money to give, and money spent. Having this information in one place gives you a clear picture of how much money you’re really using.

Date	Transaction (How Money Is Used)	Deposit (+)	Withdrawal (-)	Balance

Extra Challenge: What’s the total amount of income? What’s the total amount saved? What’s the total saved to give to charity? What’s the total amount spent? When you look beyond the starting and closing balances, you get a better picture of the different ways you are using your money.